

Resolve

What is Resolve?

Resolve is a groupwork programme that aims to reduce violent behaviour in men over 18 years of age. It is based on research into what works in reducing this behaviour and understanding why it happens.

For Resolve, violence is defined as “actual, attempted, or threatened harm to a person or persons” and so includes threats of harm and aggressive behaviour, as well as physical assaults.

You will look at the risk factors that lead to your violent behaviour and learn how to reduce those risks.

Programme structure

Resolve has 21 group sessions. It also has 4 one to one meetings with facilitators at different stages of the programme, to review your progress.

It is usually delivered two times per week but times and local arrangements will vary.

What happens if I miss a session?

You have to be at every session. If you miss one, you will need to do a catch-up session before you can carry on with the group. If you miss two sessions without good reason you will be in breach of your Order and you will have to go back to court.

How will I know if I am making progress?

We will report back regularly to your Probation Officer who will discuss your progress with you.

We will ask you a set of questions at the start and end of the programme. This will show what skills you are good at and what skills you could work on more.

Who do you share information with?

Our staff keep information about you in paper records and on computer. We keep all records safe and secure. If you wish to know more, please ask your Probation Officer for details.

Do you record sessions?

We record all programme sessions. We watch the recordings to check how programme facilitators have delivered the programme. Probation Officers may use the recordings, for example if someone's behaviour in the group leads to enforcement action.

Diversity

The Probation Service is committed to valuing and respecting differences between individuals. If you have concerns or questions about race, religion, culture, gender, sexual orientation, childcare or other issues, please discuss this as soon as possible with your Probation Officer.

Remember...

We must take you back to court if you fail to attend two group sessions or other probation appointments without good reason.

If you would like this information in a different format or language, please contact:

0121 634 1356